

LEAPS & BOUNDS

CHALLENGE ROPES COURSE

Croydon Community School Neal St Bayswater 3136
PO Box 2071 Bayswater Village 3153 Ph. 0407 926 720

SCHOOL PROGRAM INFORMATION

Warm up and ice breaker games, Low Ropes, High Ropes. The program can be designed with the assistance of the L&B, ROAM Adventures and/or the Supervisor/Conductor/s conducting the activity. The school should set some goals for the day with possible outcomes in mind. This will help us to design an effective program.

School Councils must be notified and **parent** permission gained for these activities. The attached document titled General Information may be used to present to your school council. The L&B will provide comprehensive medical and consent forms that must be used. These need to be seen by the Supervisor/Conductors before the day begins. School staff must read these documents first to assist the Supervisor/Conductor/s make judgements about medical or physical conditions, and to check that all sections are completed.

Rest and meal breaks are to be determined according to progress of activities, and to school wishes. Schools need to bring their own food and drinks. Kitchen facilities are available. A BBQ is available on request. We recommend shorter meal breaks and simple snacks, especially for students who find it difficult to sustain attention.

The Supervisor/Conductor/s will manage games and ropes course elements. School staff must supervise students at all times, including inside the ropes storage building. Students must not be allowed into the areas surrounding the ropes course where L&B School and Bayswater College school programs are running. The Supervisor/Conductor/s has the right to discontinue any activities or session if he/she feels that groups or individuals are not being properly supervised. School students must not arrive at the course without their staff. Staff are expected to join in with students in the activities, where possible.

Many of the Rope elements are time consuming leaving students as observers and perhaps restless. We recommend that schools encourage the use of cameras, bring worksheets, reading material or activities to occupy restless students. A question and answer sheet related to the Ropes Course can be provided on request.

Schools need to bring their own **first aid kit** and a **fully charged mobile phone**. Participants should **dress** warmly and bring wet weather gear. Unless rain is heavy or lightning is present we will continue activities. Long trousers should be worn at all times. Strong shoes with non-slip rubber soles should be worn. Sunglasses and hats are useful items in bright weather. Cameras are a good idea.

Please notify me ahead of schedule if you wish to borrow any equipment that is not normally stored in the ropes storage building. Eg. props' for games, BBQ